



POOL SCHEDULE

Cambridge YMCA



Effective April 27th, 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
3 lap lanes 6:15am - 10am	3 lap lanes 6:15am - 9am	3 lap lanes 6:15am - 10am	3 lap lanes 6:15am - 9am	3 lap lanes 6:15am - 10am	3 lap lanes 7am - 10am	3 lap lanes 7am - 9am
	Aqua Aerobics 9am - 10am		Aqua Aerobics 9am - 10am			
REC SWIM 1 lap lane 10am - 11am	3 lap lanes 10am - 2:30pm	Preschool Swim 10am - 12pm	3 lap lanes 10am - 2:30pm	REC SWIM 1 lap lane 10am - 11am	Swim Lessons 10am - 2pm	Swim Lessons 9am - 1pm
3 lap lanes 11am - 2:30pm		2 lap lanes 12pm - 3:30pm		2 lap lanes 11am - 3:30pm		
2 lap lanes 2:30pm - 3:30pm						
After School Swim 3:30pm - 5:30pm	2 lap lanes 2:30pm - 4pm	After School Swim 3:30pm - 5:30pm	Swim Lessons 4pm - 5:30pm	After School Swim 3:30pm - 5:30pm	3 lap lanes 2pm - 3pm	3 lap lanes 1pm - 2pm
Swim Lessons 1 LAP LANE 7:30pm - 8:45pm	Swim Lessons 4pm - 5:30pm				Swim Lessons 1 LAP LANE 7:30pm - 8:45pm	
	3 lap lanes 5:30pm - 6:30pm	3 lap lanes 5:30pm - 6:30pm	3 lap lanes 5:30pm - 6:30pm	Swim Lessons 5:30pm - 6:30pm		
	2 lap lanes 6:30pm - 7:30pm	2 lap lanes 6:30pm - 7:30pm	2 lap lanes 6:30pm - 7:30pm			2 lap lanes 6:30pm - 7:30pm
	Swim Lessons 1 LAP LANE 7:30pm - 8:45pm		Swim Lessons 1 LAP LANE 7:30pm - 8:45pm			