



Cambridge YMCA Aquatics

Pool Schedule June 30 to July 31

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Laps 5:30-8:45	Laps 5:30-8:45	Laps 5:30-8:45	Laps 5:30-8:45	Laps 5:30-8:45	Pool Closed Lessons 8-1:30
	Rec Swim 8:45-9:30		Rec Swim 8:45-9:30		
Aqua Aerobics 9-10	Camp 9:30-11	Aqua Aerobics 9-10	Camp 9:30-11	Aqua Aerobics 9-10	Lessons 10-11 Rec Swim 11-12
Camp 10-12		Pre-School 10-12		Lessons 10-11	
	Camp 11-12		Laps 11:30-1		Laps 12-2 Rec Swim 1:30-2:45
Laps 12-2	Laps 12-2	Laps 12-2	Camp 1-2:30	Laps 12-2	
	Rec Swim 2-3			Rec Swim 2-3	Lessons 2:45-4 1 Lap Lane*
Camp 2:30-4:30	Camp 3-4	Camp 2:30-4:30	Camp 3-4	Camp 3-4	
	Lessons 4-5:30		Rec Swim 4-4:30		Laps 4-5:30
Lessons 4:30-5:30		Lessons 4:30-5:30	Lessons 4:30-5:30	Lessons 4-5:30	
Laps 5:30-6:30	Laps 5:30-6:30	Laps 5:30-6:30	Laps 5:30-6:30	Laps 5:30-6:30	Pool Closed
Rec Swim 6:30-7:30	Lessons 6:30-7:30 1 Lap Lane*	Lessons 6:30-7:30	Lessons 6:30-7:30 1 Lap Lane*	Lessons 6:30-7:45	
Laps 7:30-9	Laps 7:30-9:30	Laps 7:30-9:30	Laps 7:30-9:30	Laps 7:45-8:30	
Pool Closed				Pool Closed	
Pool Closed					

*An experimental Lane is open for laps during specific lessons. Please email Dana at aquatics@cambymca.org with any comments, questions, or concerns.

Please email aquatics@cambymca.org to be emailed new schedules.

Pool schedule is subject to change without notice.